#### Wed 12 June 2013 DEE Summer Evening Event

Bryn Alyn GR SJ 207594 Courses Yellow to Blue, Registration from 17.30, start times from 18.00-19.15 Organiser Shiela Hills 01928 787122

# Wed 12 June 2013 LOC Evening Event

Newton Fell. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 Organiser Cliff Etherden 015395 32225. See LOC website for further details: www.lakeland-orienteering.org.uk

# Wed 12 June 2013 MDOC Countryside Score

Event 1 of 4. Venue to be advised. Rural score event using public rights of way. Mass start 19.15. Pub food available. www.mdoc.org.uk

#### Thur 13 June 2013 WCOC Summer Evening Event

Burn Edge, Swarth Fell, Ennerdale. Long, short & Easy/ Novice courses, suitable for all abilities. Start 6.15pm. Seniors  $\mathfrak{L}3$ , Juniors  $\mathfrak{L}1.50$  Full details on www.wcoc.co.uk

# Sat 15 June 2013 SELOC Urban Event

A Trail of Two Cities. Level B/Nopesport league event around Salford and parts of central Manchester. Full length courses (standard Nopesport classes) including juniors Assembly at Media City, in front of BBC, postcode M50 2HQ, grid ref: SJ802973. Organiser : Caroline Barcham.

# Sun 16 June 2013 SELOC Sprint Event

Sprint Sunday, as part of the Horwich Festival of Racing A double header orienteering sprint with a prologue race in Lever Park (starts 10.00 – 11.30 a.m.) followed by a mass start final in Horwich Town Centre at 12.30 p.m. Assembly on Lord Street, Horwich, BL6 7AJ, grid ref: SD637117 Courses for juniors and seniors Organiser : Kevan Latham

LOC WCOC

WAROC

#### Sun 16 June 2013 BL Level C Event

Cumbrian Galoppen at Binsey - on A591 between Bothel and Keswick. Courses Yellow to Brown, Registration 10.00 – 12.00 Start Times 10.30 – 12.30. Fees  $\pounds/2$  (+  $\pounds/2$  for non BOF members) or Organiser Avis Armer – 016973 71579 www.bl-orienteering.org.uk

# Mon 17 June 2013 SROC Sprint Series

Salt Ayre, Lancaster. Fees £5 seniors £3 juniors. Organiser Rowena Browne 01524 32428 rowencbrowne@gmail.com or see website www.sroc.org

# Tue 18 June 2013 MDOC Evening Event

Brereton Heath SJ795654 Signed from A54 Holmes Chapel to Congleton road. White to Blue. 5.30 to 7.15. £5/£2 Enquiries summer2013@mdoc.org.uk www.mdoc.org.uk

# Wed 19 June 2013 LOC Evening Event

Guards Wood. Courses Yellow plus Short/Long Technical Start Times 18:00 – 19.30. Cost £4/2 Organiser Andy Ligema 015394 41661. See LOC website for further details: www.lakeland-orienteering.org.uk

#### Thur 20 June 2013 WCOC Summer Evening Event

Barf, Whinlatter Forest. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

# **Orienteering Club Contacts**

North West Orienteering Association www.nwoa.org.uk

Join the club nearest to you and get involved in all the social activities and training sessions.

BARRO Caroline Arnold, 22 Yarlside Road, Barrow-in-Furness, Cumbria LA13 0ER Tel: 01229 823699

BL Christine Goulding: e-mail (Preferred contact) xsy\_ goulding@hotmail.com 2, Hesket Place, Southwaite CA4 0JU Tel 016974 73628

DEE Richard Hill, 1 Fernlea Mews, Hollands Lane, Kelsall CW6 0QT tel 01829 751125 richard.hill27@ btopenworld.com

LOC Jackie Chapman, 42 Greenwood, Kendal, Cumbria LA9 5ED Tel: 01539 733346 e-mail: secretary@ lakeland-orienteering.org.uk

MDOC Margaret Gregory, 17 Mersey Meadows, Didsbury, Manchester M20 2GB Tel 0161 445 5653

PFO Gillian Rowan-Wilde, 19 Water Street, Hapton, Burnley BB12 7LQ Tel: 01282 778536

SELOC Caroline Barcham, 3 St John's Close, Crawshawbooth, Rossendale, Lancs BB4 8AR Tel: 01706 221765

SROC Karen Nash, 1 Whitelens Avenue, Lea, Preston PR2 1YA Tel: 01772 721573

WAROC J Laverack, Bleak House, 41 Park Rd, Windermere LA23 2DJ. tel 015394 48778

WCOC Lesley Wornham Dower Cottage, Pardshaw Hall, Cockermouth, CA13 0SP. Tel: 01900 823531



# Fixtures March - June 2013

The details listed are as accurate as possible. Often the club website has further details available, and is more likely to have information that is up to date. The British Orienteering website has links to all the events. www.britishorienteering .org.uk

Many of the areas used for orienteering are also used to graze sheep. PLEASE DON'T TAKE DOGS ONTO A COURSE WITH YOU. PLEASE keep your DOG on a lead in the car parking area.

Update of event information to, Roger Jackson, Seaton Mill, Workington, Cumbria CA14 1LW Tel: 01900 602083 rogersjackson@msn.com NEXT ISSUE: May 2013.

#### Sat 9 March 2013 PFO Level D event

Darwen Event, at Sunnyhurst Woods, Darwen BB3 0LA Earnshaw Road, Darwen, off A666. BB3 1JA White, Yellow, Orange, Technical. £5/£2 Starts from 10.30 Final details on www.pfo.org.uk

#### Sat 9 March 2013 SROC Spring Series

Arnside Knot, Silverdale. Start times 12.30-2. Informal score event suitable for beginners and more experienced orienteers. Organiser Mike Johnson 01524 383414 or email mikejohnsonab@btinternet.com See website www. sroc.org

2013 Barro BL

LOC WCOC

WAROO

# Sun 10 March 2013 LOC Cumbrian Galoppen

Cumbrian Galoppen & YBT Heat. Holker Woodlands, Cartmel. Courses Yellow to Brown Registration 10.00 – 12.00 Start Times 10.30 – 12.30. Cost £6/3. Organiser Jo Cleary 015395 30134 See LOC website www.lakeland-orienteering.org.uk

#### Wed 13 March 2013 SROC Night Street League

Addlington. Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Darren Baker and Ed Mellor darrenbaker0284@googlemail.com or see website www.sroc.org Thur 14 March 2013 WCOC Spring Fell Series

Leaps Lowp. Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

No.167

# Sat 16 March 2013 DEE Schools Event

Erddig Estate Schools league and Come and Try It Event. Courses White to Green, suitable for novice and intermediate/ experienced orienteers. Pre-entry procedure for schools will be advised to schools coordinators. EOD for individuals Organisers Geoff Woolfenden (01352 781944) and James Smith (01352 757179)

# Sat 16 Mar 2013 MDOC Park Event

Prestwich Forest Park. Signed from A56, south of M60 jn 17. Starts 10.30 to 11.30. Fee £3/£1.50. White to Lt Green + 2-part head-to-head Race. Details on www.mdoc.org.uk. Enquiries to spring2013@mdoc.org.uk

# Tue 19 March 2013 PFO Urban Event

Rawtenstall – Urban Event Courses: Short, Medium, Long. £5/£2 Final details on www.pfo.org.uk

#### Wed 20 March 2013 SROC Night Street League

Event 11 and prize giving Bamber Bridge Score event 60 or 75mins. Start times 6.30-7.30. Entry fee £3 seniors/ £1 juniors. Organiser Bob Nash 01772 721573 nash.family@talktalk.net or see website www.sroc.org

# Thur 21 March 2013 WCOC Spring Fell Series

Nannycatch Nature Ramble. Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

#### Sat 23 March 2013 SELOC Park Series

Nuttall Park, Bury, grid ref: SD795164 Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost :  $\pounds3/\pounds1$  Organiser : Matt Driver. See http://www.seloc.org.uk/ for further details or contact info@ seloc.org.uk



#### Sun 24 March 2013 **DEE Level C Event**

Bickerton Hill. Parking is at Bickerton Village Hall MR SJ 509538, SY14 8AU. Courses Yellow to Brown, String course at event centre, Seniors £6 (+£2 non-BO), juniors £3. Organiser Barry Barnes (01606 888845

# Thur 28 March 2013 WCOC Spring Fell Series

Heckbarlev Hike. Easy mass start orienteering. Long and short courses. Start 5.45pm. Seniors £3 Juniors £1.50 Full details on www.wcoc. co uk

#### Thur 4 April 2013 WCOC Spring Fell Series

High Spy Upper and Downer. Easy mass start orienteering. Long and short courses. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

#### Sat 6 April 2013 SROC Spring Series

Dalton Crags, Burton in Kendal Start times 12.30-2. Informal score event suitable for beginners and more experienced orienteers. Organiser Alex Finch 01524 702617 or email alex@finchfamily.org.uk See website www.sroc. org

#### Sat 6 April 2013 **PFO Level D Event**

Waterfoot Event - Level D Staghills Woods. St Nicholas Sch, Dark Lane, BB47UA White, Yellow, Orange, Technical. £5/£2 Starts from 10.30 Final details on www.pfo.org.uk

#### Sun 7 April 2013 **BL Level B Event**

Burnbanks, Haweswater, Penrith. Registration 10.00 -12.00. Starts 10.30 - 12.30pm. Courses: Black, Brown, Short Brown, Blue, Short Blue, Green, Short Green, Very Short Green, Light Green, Orange, Yellow, and White + String. Fees - Pre-entry Seniors £8.00,(non BOF + £2) EOD £10. Juniors Pre-entry £4, (non BOF £4) EOD £5. Contact - Paul & Judy Johnson. 01931 713625, www.bl-orienteering.org.uk

# Wed 10 April 2013 LOC Technical Series

Sales Bank. Course Short/Long Technical \*\*Experienced Orienteers Only\*\* Start Times 17.30 - 18.30. Cost £4/2 Organiser Carol McNeil 01229 861507. See LOC website for further details: www.lakeland-orienteering.org.uk

# Thur 11 April 2013 WCOC Spring Fell Series

Fangs Brow Figure of Eight. Easy mass start orienteering. Long and short courses. Start 6.15pm. Seniors £3. Juniors £1.50 Full details on www.wcoc.co.uk

# Sat 13 April 2013 LOC Middle Distance Event

Regional Event. Esthwaite Intake. Courses Yellow-Black. Organiser Sue Butterfield 01229 582770 See LOC website for further details: www.lakeland-orienteering.org.uk

# Sun 14 April 2013 LOC Classic Distance Event

Regional Event, Gravthwaite, Courses White to Black. Organiser Roger Smith 01539 568671 See LOC website www.lakeland-orienteering. ora.uk

# Wed 17 April 2013 LOC Technical Series

Tarn Hows. Course Short/Long Technical \*\*Experienced Orienteers Only\*\* Start Times 17.30 - 18.30. Cost £4/2 Organiser John Nash 01539 725921. See LOC website for further details: www.lakeland-orienteering.org.uk

# Thur 18 April 2013 WCOC Spring Fell Series

Rigg Beck Round, Easy mass start orienteering. Long and short courses. Start 6.15pm. Seniors £3. Juniors £1.50 Full details on www.wcoc. co.uk

# Wed 24 April 2013 LOC Technical Series

Nibthwaite. Course Short/Long Technical \*\*Experienced Orienteers Only\*\* Start Times 17.30 - 18.30. Cost £4/2 Organiser Alan Heppenstall 015395 34793. See LOC website for further details: www.lakeland-orienteering. org.uk

# Thur 25 April 2013 MDOC Evening Event

Teggs Nose Country Park. SJ949732 Signed from A537 east of Macclesfield. White to Blue. 5.30 to 7.15. £5/£2 www.mdoc.org.uk Enquiries summer2013@mdoc.org.uk

# Sat 27 April 2013 **SELOC Park Series**

Phillips Park, grid ref: SD797039. Courses: Yellow. Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost: £3/£1 Organiser : Pete Kidd. See http://www.seloc. org.uk/ for further details or contact info@seloc. org.uk

# Sun 28 April 2013 SROC Level C Event

Nicky Nook, Garstang, Courses blue, short blue, green, light green, orange and yellow. Organiser Dave Hargreaves 01772 628026 davehargreaves07@btinternet.com or see website www.sroc.org

# **Tue 30 April 2013 DEE Summer Evening Event**

Delamere (Linmere) GR SJ550704 Courses White to Blue. Registration from 17.30. start times from 18.00-19.15 Organiser Andy Payne 01829 752384

# Thur 2 May 2013 WCOC Summer Evening Event

High Doat, Borrowdale. Long, short & Easy/ Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

#### Tue 7 May 2013 **MDOC Introductory Event**

Lyme Park. SJ964823. Signed from A6 just west of Disley. White to Lt Green. 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdoc.org.uk Enquiries lyme2013@mdoc.org.uk

# Thur 9 May 2013 WCOC Summer Evening Event

Ling Fell, Embleton, Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1,50 Full details on www. wcoc.co.uk

# Sat 11 May 2013 **BL Level D Event**

Hackthorpe New Wood, 4 miles/6km south of Penrith W of A6 - GR NY540234. Starts -11am. Fees £3/£1.50 Green and Orange Courses. Contact - Mike. 016974 75755 . www. bl-orienteering.org.uk

#### Sat 11 May 2013 **DEE Schools Event**

Schools League Relay Race Marbury Country Park GR SJ 651762 See DEE web site for further details

# Tue 14 May 2013 MDOC Introductory Event

Lyme Park, SJ964823, Signed from A6 just west of Disley. White to Lt Green. 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdoc.org.uk Enquiries lyme2013@mdoc.org.uk

# Thur 16 May 2013 WCOC Summer Evening Event

Wasdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3. Juniors £1.50 Full details on www.wcoc. couk

# Thur 16 May 2013 **DEE Summer Evening Event**

Eastham Woods GR SJ 365818. Post Code: CH62 0AU Courses White to Blue planned as middle distance courses. Registration from 17.30, start times from 18.00-19.15 Organiser Gwyn Thomas (0151 6783404)

# Sun 19 May 2013 WCOC Cumbrian Galoppen

Leaps Beck near Lamplugh/ Ennerdale. Courses Yellow to Brown. Cost £6/£3. Starts from 10.30am. See www.wcoc.co.uk for details

#### Tue 21 May 2013 **DEE Summer Evening Event**

Delamere East. Forestry Commission parking charges. Courses White to Blue. Registration from 17.30, start times from 18.00-19.15 Organiser Simon Coppock 01625 583114

#### Tue 21 May 2013 **SROC Sprint Series**

Clitheroe Castle, Clitheroe. Fees £5 seniors £3 juniors. Organiser Jeff Ball 01524 858176 chinditcoy@yahoo.com or see website www.

# Thur 23 May 2013 **MDOC Introductory Event**

Lyme Park. SJ964823. Signed from A6 just

Lodore, Hogs Earth, Borrowdale. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

#### Sat 25 May 2013 SELOC Park Series

Burrs Country Park, grid ref: SD799127. Courses: Yellow, Orange & Light Green/ Technical. Courses open from 10:00 to 12:00. Cost: £3/£1 Organiser : tbc. See http://www. seloc.org.uk/ for further details or contact info@ seloc.org.uk

# Wed 29 May 2013 LOC Evening Event

Holme Fell. Courses Yellow plus Short/Long Technical Start Times 18:00 - 19.30. Cost £4/2 Organiser Steve Buckley 01539 563606. See LOC website for further details: www.lakelandorienteering.org.uk

# Thur 30 May 2013 **MDOC Evening Event**

Lyme Park, SJ964823, Signed from A6 just west of Disley. White to Blue. 5.30 to 7.15 Must finish by 8.00. £5/£2 Enquiries summer2013@mdoc. org.uk www.mdoc.org.uk

# Thur 30 May 2013 WCOC Summer Evening Event

Dalegarth West. Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3. Juniors £1.50 Full details on www.

# Sat 1 June 2013 **BL Level D Event**

Talkin Tarn, GR NY544591 Start 11am. £2/£1. Approx 1.5 miles from the centre of Brampton going south east on the B6413 to Castle Carrock. No exit to B6413 from Brampton By-Pass, Contact - Gerry Garvey 01768 862019, www.bl-orienteering.org.uk

# Tue 4 June 2013 **SROC Sprint Series**

Worden Park, Leyland. Organiser Les Davies 01704 822395 les@moss-view.co.uk. or see website www.sroc.org

# Tue 4 June 2013 **DEE Summer Evening Event**

Little Budworth. Subject to permission-check DEE web site SJ593654. Courses White to Blue. suitable for novice and experienced orienteers. Registration from 17.30, start times from 18.00-19.15 Organiser Sonia Chavasse 01829 741915

# Wed 5 June 2013 LOC Evening Event

Bigland North, Courses Yellow plus Short/Long Technical Start Times 18:00 - 19.30. Cost £4/2 Organiser Mike Atherton 015395 31833. See LOC website for further details: www.lakelandorienteerina.ora.uk

# Thur 6 June 2013 WCOC Summer Evening Event

Hogg Wood, Ladies Table, Embleton, Long, short & Easy/Novice courses, suitable for all abilities. Start 6.15pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

# sroc.ora

west of Disley. White to Lt Green, 5.30 to 7.00 Must finish by 8.00. £3/1.50 www.mdoc.ora.uk Enquiries lyme2013@mdoc.org.uk

Thur 23 May 2013

WCOC Summer Evening Event

2013 Barro BL Barro BL LOC WCOC WAROC wcoc.co.uk