

essential. Organiser Mark and Josh Sammon and Darren Baker darrenbaker0284@googlemail.com. or see www.sroc.org

Thur 7 November 2013 WCOC Night Series

Start of the Night Series. Venue to be decided, with the areas chosen to give easy orienteering and a gradual introduction to night navigation. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 9 November 2013 SROC Autumn Series

White Coppice, Chorley. Informal 60 minute score event suitable for beginners and experienced alike. Start times 12.30-2. Organiser Ray Pickett 01772 687486 or email rpickett051@aol.com. or see www.sroc.org

Sat 9 November 2013 BL Level D Event

High Stand, nr Armathwaite. Starts 11am, £3/£1.50, Courses Orange & Green, Contact - Christine Goulding 01697 473628, www.bl-orienteering.org.uk

Sat 9 November 2013 DEE Informal Event

Reaseheath College Schools league and Come and Try It Event Car Parking at GR SJ 645542 Signposted from A51 Chester to Nantwich road. Courses White to Green, suitable for novice and intermediate/ experienced orienteers. Registration from 10.00, start times from 10.30-12.00. Pre-entry procedure for schools will be advised to schools coordinators. EOD for individuals Organiser Jenny Beasant 01606 883605

Wed 20 November 2013 SROC Night Street League

Event 3 Blackpool North. Score event 60 or 75mins Start times 6.30-7.30 Entry fee £3 seniors/ £1 juniors There may be an additional charge for facilities. Lights desirable, high visibility clothing essential. Organiser Bill and Dawn Lock 01253 721514 or email billdawnlock@hotmail.com. or see www.sroc.org

Sat 30 November 2013 SELOC Park Series

Moses Gate, Bolton grid ref: SD741068 Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Paul Booth. See http://www.seloc.org.uk/ for further details or contact info@seloc.org.uk

Sat 30 November 2013 DEE Informal Event

Thurstaston Common Schools League And Come And Try It Provisional-Subject to permission Car Parking and registration at Royden Park (SJ 246858). Take the A540 from off the M56 through Heswall. Sign posted at the roundabout at the junction of the A540 and B5140. Courses

White to Green, suitable for novice and intermediate/ experienced orienteers. Registration from 10.00, start times from 10.30-12.00. Pre-entry procedure for schools will be advised to schools coordinators. EOD for individuals Organisers Barbara & Budha Majumdar 0151 6324027

Sat 30 November 2013 SROC Night Event

Low Park Wood. See website nearer the time for further details, www.sroc.org

Sun 8 December 2013 DEE Level C Event

Bickerton Hill. Parking is at Bickerton Village Hall MR SJ 509538, SY14 8AU. The Hill is an area of mixed deciduous woodland and heathland Courses White to Brown. String course at event center .EOD . Registration 10.00 - 12.00, starts 10.30 - 12.30 Organiser Barry Barnes (01606 888845)

Orienteering Club Contacts

North West Orienteering Association
www.nwoa.org.uk

Join the club nearest to you and get involved in all the social activities and training sessions.

BARRO Caroline Arnold, 22 Yarlside Road, Barrow-in-Furness, Cumbria LA13 0ER Tel: 01229 823699

BL Christine Goulding: e-mail (Preferred contact) xsy_goulding@hotmail.com 2, Hesket Place, Southwaite CA4 0JU Tel 016974 73628

DEE Richard Hill, 1 Fernlea Mews, Hollands Lane, Kelsall CW6 0QT tel 01829 751125 richard.hill27@btopenworld.com

LOC Jackie Chapman, 42 Greenwood, Kendal, Cumbria LA9 5ED Tel: 01539 733346 e-mail: secretary@lakeland-orienteering.org.uk

MDOC Margaret Gregory, 17 Mersey Meadows, Didsbury, Manchester M20 2GB Tel 0161 445 5653

PFO Gillian Rowan-Wilde, 19 Water Street, Hapton, Burnley BB12 7LQ Tel: 01282 778536

SELOC Caroline Barcham, 3 St John's Close, Crawshawbooth, Rossendale, Lancs BB4 8AR Tel: 01706 221765

SROC Karen Nash, 1 Whitelens Avenue, Lea, Preston PR2 1YA Tel: 01772 721573

WAROC J Laverack, Bleak House, 41 Park Rd, Windermere LA23 2DJ. tel 015394 48778

WCOC Lesley Wornham Dower Cottage, Pardshaw Hall, Cockermouth, CA13 OSP. Tel: 01900 823531



No.169

Fixtures July - November 2013

The details listed are as accurate as possible. Often the club website has further details available, and is more likely to have information that is up to date. The British Orienteering website has links to all the events. www.britisshorienteering.org.uk

Many of the areas used for orienteering are also used to graze sheep. PLEASE DON'T TAKE DOGS ONTO A COURSE WITH YOU. PLEASE keep your DOG on a lead in the car parking area.

Update of event information to, Roger Jackson, Seaton Mill, Workington, Cumbria CA14 1LW Tel: 01900 602083 rogersjackson@msn.com
NEXT ISSUE: September 2013.

Tue 23 July 2013 Summer Evening Event

Marbury Country Park, near Northwich GR SJ 651762 Follow 'Marbury Country Park' signs from Junction 10, M56 via A559 or from bridge over river Weaver on A533 at Winnington & through Anderton for 1.5 mile. Parking charge. Courses White to Blue Registration from 17.30, start times 18.00-19.15 Organiser: Jenny Beasant 01606 883 605

Wed 24 July 2013 MDOC Countryside Score

Event 4 of 4. Poynton. Rural score event using OS map and public rights of way. Mass start 19.15. Pub food available. www.mdoc.org.uk

Thur 25 July 2013 WCOC Summer Evening Event

Matty Bennis Bridge, Ennerdale. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 1 August 2013 WCOC Summer Evening Event

Mawbray Dunes, Solway Coast. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 8 August 2013 WCOC Summer Evening Event

Cockup, near Bassenthwaite. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 15 August 2013 WCOC Summer Evening Event

Owsen Fell, near Lamplugh. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 17 August 2013 BL Level D Event

Askham Fell, Bampton/Helton, Nr Penrith. Starts 11am, £3/£1.50, Courses Orange & Green, Contact Gerry Garvey 01768 862019, www.bl-orienteering.org.uk

Thur 22 August 2013 WCOC Summer Evening Event

Crag Fell, Ennerdale. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 29 August 2013 WCOC Summer Evening Event

Whinlatter Forest. Finale of the series with presentation of prizes in the pub afterwards. Long, short & Easy/Novice courses, suitable for all abilities. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 5 September 2013 WCOC Park Series

Derwent Hill, Portinscale, near Keswick. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sun 8 September 2013 WCOC Peter Palmer Relays

Peter Palmer junior relays at Hawse End near Keswick. This is the premier multi-leg junior relay. Pre-entry required via club captains. Five laps for the range of abilities, with a very early start for the first leg, in the dark before dawn. Full details on www.wcoc.co.uk

Thur 12 September 2013
WCOC Park Series

Venue to be arranged. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 14 September 2013
MDOC Park Score Event

Practice event for British Schools Score Champs + technical option. Reddish Vale. SJ904934 SK5 7HE. Starts 10.30 to 11.15. £3/£1.50. Enquiries to autumn2013@mdoc.org. uk. www.mdoc.org.uk

Thur 19 September 2013
WCOC Park Series

Mirehouse, near Bassenthwaite Lake. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 21 September 2013
BL Level D Event

Aughertree Fell, Nr Uldale, 13km N of Keswick. GR NY268377. Courses - Orange and Green Starts - 11 - 12am. Fees - £3/1.50 Contact - Raymond & Jenny Wren 016973 20022, www.bl-orienteering.org.uk

Sun 22 September 2013
SROC Level C Event

Farleton Knott, Burton on Kendal. Signed from A6070 north of Burton in Kendal at SD531775. Nearest postcode LA6 1NX. Parking on a field at SD550787. £1 per car. Due to the sensitive nature of the area we have had to impose an entry limit of 200. Pre entry only via fabian 4. Starts 10.30-12.30. Fees Seniors £9 (£2 discount for BOF members) Juniors £3. Courses White to brown including short green. Terrain: The area is challenging open fell, with extensive limestone features. Dogs on a lead in the car park only. Organiser Roy McGregor 01772 760515 or email randj41@tiscali.co.uk or see website www.sroc.org

Thur 26 September 2013
WCOC Park Series

Hensingham, Whitehaven. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 28 September 2013
SELOC Park Series

Haigh Hall, Wigan grid ref: SD597087 Courses: Yellow, Orange & Light Green/Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Kevan Latham. See <http://www.seloc.org.uk/> for further details or contact info@seloc.org

Sat 28 September 2013
MDOC Park Score event

Practice event for British Schools Score Champs + technical option. Wythenshawe Park (to be confirmed). SJ813896 M23 0AB. Starts 10.30 to 11.15. £3/£1.50. Enquiries to autumn2013@mdoc.org. www.mdoc.org.uk

Sun 29 September 2013
LOC Cumbrian Galoppen

Birkett Common Courses Yellow to Brown Registration 10.00 - 12.00 Start Times 10.30 - 12.30. Cost £6/3 (£2 extra for adult non-BOF members). Organiser Tony Richardson 01539 722552 See LOC website www.lakeland-orienteering.org.uk



Sun 29 Sept 2013
DEE Sandstone Trail Race

Entries open on 1 July. A race (17.1 miles) starts at Duckington at 10.00. B race (10.6 miles) starts at Beeston at 11.00. Buses to start depart Delamere 08.30. See club website www.deeside-orienteering-club.org.uk. On-line entry and payment preferred. www.fabian4.co.uk Organiser Geoff Shaw 07919 191995

Thur 3 October 2013
WCOC Park Series

Venue to be confirmed. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Sat 5 October 2013
BL Level D Event

High Pike, Nr Caldbeck Starts 11am, £3/£1.50, Courses Orange & Green, Contact - Clyde Mitchell 01768 771223, www.bl-orienteering.org.uk

Sat 5 October 2013
DEE Informal Event

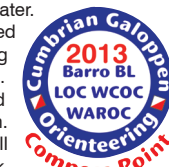
Northop College Schools league and Come and Try It Event GR SJ 237 689. Leave A55 Chester to Bangor Road at Northop exit. Follow O signs from Northop Town Centre. Courses White to Green, suitable for novice and intermediate/experienced orienteers. Registration from 10.00, start times from 10.30-12.00. Pre-entry procedure for schools will be advised to schools coordinators. EOD for individuals Organisers Geoff Wolfenden 01352 781944 & James Smith 01352 751179

Sat 5 October 2013
SROC Autumn Series

Traitors Gill, Caton, GR SD570645. Informal 60 minute score event suitable for beginners and experienced alike. Also yellow course. Start times 12.30-2. Organiser Mike Johnson 01524 383414 or email mikejohnsonab@btinternet.com. or see website www.sroc.org

Sun 6 October 2013
WCOC Cumbrian Galoppen

High Brow near Ullswater. Usual range of colour coded courses, with something suitable for all abilities. Starts from 10.30am, and registration from 10am. Seniors £6, Juniors £3 Full details on www.wcoc.co.uk



Thur 10 October 2013
WCOC Park Series

Venue to be confirmed. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Thur 17 October 2013
WCOC Urban Event

Cockermouth, with social afterwards. Long & short courses, suitable for all abilities, with winning times of less than twenty minutes. Ideal introduction to the sport. Starts 6 to 7pm. Seniors £3, Juniors £1.50 Full details on www.wcoc.co.uk

Wed 23 October 2013
SROC Night Street League

Event 1 Leyland. Score event 60 or 75mins Start times 6.30-7.30 Entry fee £3 seniors/ £1 juniors There may be an additional charge for facilities. Lights desirable, high visibility clothing essential. Organiser Tony Marlow 01772 698918 or email antonymarlow@gmail.com and Elaine Sutton. or see website www.sroc.org

Sat 26 October 2013
SELOC Park Series

Three Sisters, Wigan grid ref: SD581010 Courses: Yellow, Orange & Light Green/ Technical. Courses open from 10:00 to 12:00. Cost : £3/£1 Organiser : Elspeth Ingleby. See <http://www.seloc.org.uk/> for further details or contact info@seloc.org

Sat 26 October 2013
SROC Spook O

Silver Helm, Silverdale. Organiser Julian Lailey 01524 845990 or email kezi1@btinternet.com. Further details on website nearer the time www.sroc.org



Sat 26 October 2013
MDOC Twin Peak

Day 1 in Macclesfield Forest. Full range of Level B courses. Starts 12.00 to 2.30 www.mdoc.org.uk.

Sun 27 October 2013
MDOC Twin Peak

Day 2 at Stockport East Level B Urban event, with Park courses for under-16s. Starts 1.30 to 2.30 www.mdoc.org.uk

Thur 31 October 2013
WCOC SPOOK-O

Annual Spook-O with specially dressed 'spooky' control sites in Whinlatter Forest. Ideal for young families. Starts once it gets dark! Full details on www.wcoc.co.uk



Sun 3 November 2013
LOC Cumbrian Galoppen

Subberthwaite Common Courses Yellow to Brown Registration 10.00 - 12.00 Start Times 10.30 - 12.30. Cost £6/3 (£2 extra for adult non-BOF members). Organiser Gill Browne 01229 716748 See LOC website www.lakeland-orienteering.org.uk



Wed 6 November 2013
SROC Night Street League

Event 2 Wigan South. Score event 60 or 75mins Start times 6.30-7.30 Entry fee £3 seniors/ £1 juniors There may be an additional charge for facilities. Lights desirable, high visibility clothing

