



Missouri Crisis Intervention Team (MO CIT)

VIRTUAL CONFERENCE

Save the Dates



Registration link coming soon!

Website: www.missouricit.org

Facebook: [Facebook.com/MOCITCouncil](https://www.facebook.com/MOCITCouncil)

Twitter: [@MOCIT4](https://twitter.com/MOCIT4)

SESSIONS

Keynote | First Responder Traumatic Stress, Grief, and Suicide Prevention: How Taking Care of the CIT Officer Means Taking Care of the Community, **Dara Rampersad**, Ph.D., LPC, NCC, First Responder & Forensic Psychologist | *BluePaz, LLC First Responder Services* - **Tuesday, May 26th at 1 pm**

Honored Guest | Law Enforcement Suicide: Stigma, Statistics and Solutions, **Karen Solomon**, *Blue H.E.L.P.* - **Tuesday, June 16th at 1 pm**

Keynote | Maintaining a Work-Life Balance and Combating Organizational Burnout, **Sara Metz**, *Code-4 Counseling, LLC* - **Tuesday, June 30th at 1 pm**

Breakout | Holistic Approach with Complex Trauma from Commercial Sexual Exploitation, **Katie Rhoades**, MSW, *Healing Action* - **Tuesday, July 21st at 1 pm**

Breakout | Helping our LGBTQ Youth Thrive and Survive, **Kimberlee Shaw-Ellis**, *Kansas City Police Department* - **Tuesday, July 28th at 1 pm**

Breakout | Stopping Stress in its Tracks: How to Minimize the Long-term Effects of Stress in the Body, **Holly Nemec**, *Behavioral Health Response* - **Tuesday, Aug 11th at 1 pm**

Breakout | Counseling on Access to Lethal Means for First Responders, **Rick Strait**, NCC, LPC, CRDAC, *Community Counseling Center* - **Tuesday, Aug 18th at 1 pm**