

Equine Therapy Aviarypdf

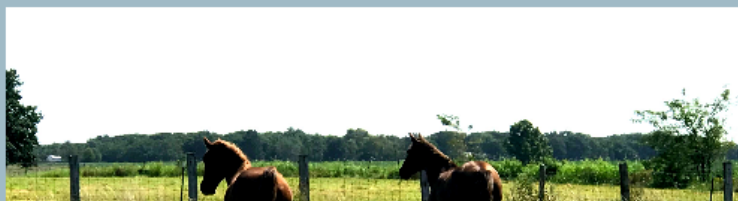


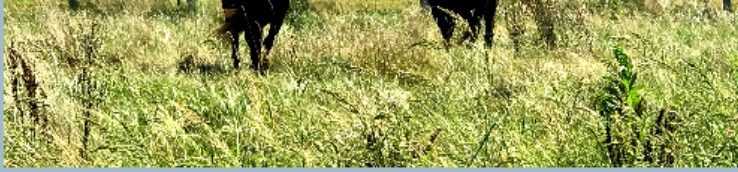
We are so excited to have recently added Equine Therapy to our offered programs at Aviary!

You may ask yourself,
"How can being with horses create better wellness in humans?"

For people managing aspects of addiction recovery and co-occurring disorders, they often need help staying in the present moment. Triggers, cravings, and other factors tug at their stability, sometimes without warning. Believe it or not, horses are deeply empathetic to those feelings. As prey animals, horses are hyper-vigilant and skilled at interpreting authentic biofeedback through body language.

Equine therapy is provided by The Aviary staff who are Eagala certified (Equine Assisted Growth and Learning Association). Reach out to our team to learn more about our offered programs!





The Aviary Recovery Center | (888) 691-0993 | aviaryrecoverycenter.com | Eolia, MO