

# September 2022 - Suicide Prevention Month

Monday	Tuesday	Wednesday	Thursday	Friday
			<sup>1</sup> Join the Missouri Suicide Prevention Advocacy Network <a href="#">here</a>	<sup>2</sup> Register for a suicide prevention in children & adolescents <a href="#">webinar</a>
<sup>5</sup> Learn about the Zero Suicide Framework <a href="#">here</a>	<sup>6</sup> Hear the story of Kevin Hines, Suicide Attempt Survivor, <a href="#">here</a>	<sup>7</sup> Check out the Missouri Suicide Prevention Network (MSPN) <a href="#">website</a>	<sup>8</sup> Watch a video about identifying Law Enforcement suicide risk <a href="#">here</a>	<sup>9</sup> Read the guide "Navigating a Mental Health Crisis" <a href="#">here</a>
<sup>12</sup> Find & register for your local Out of the Darkness walk at <a href="#">AFSP.org</a>	<sup>13</sup> Learn one new thing at <a href="#">nowmattersnow.org</a>	<sup>14</sup> Find a military-connected suicide prevention trainer <a href="#">here</a>	<sup>15</sup> Attend the MSPN Stakeholder Committee Meeting at 6PM. Join <a href="#">here</a>	<sup>16</sup> Learn about suicidal behavior among LGBTQ+ youth <a href="#">here</a>
<sup>19</sup> Learn about risk and protective factors of suicide <a href="#">here</a>	<sup>20</sup> Read about Missouri's Safer Homes Collaborative <a href="#">here</a>	<sup>21</sup> Take the MO Ask, Listen, Refer 20 minute <a href="#">training</a>	<sup>22</sup> BUDDY CHECK 22 Check in with a Service Member or Veteran today. Learn more <a href="#">here</a>	<sup>23</sup> Learn your role as a co-worker in preventing suicide <a href="#">here</a>
<sup>26</sup> Listen to a lived experience story about what makes a difference <a href="#">here</a>	<sup>27</sup> Take 5 minutes to save lives, learn more <a href="#">here</a>	<sup>28</sup> Find information and resources about 988 <a href="#">here</a>	<sup>29</sup> Read Missouri's Suicide Prevention Plan <a href="#">here</a>	<sup>30</sup> Know someone who needs help? Learn how to assist <a href="#">here</a>